

Weekly Menu Sample

Breakfast

Lunch

Dinner

Monday	Sausage and Gravy over Buttermilk Biscuits with Eggs Your Way. 	Roast Beef and Gravy with Brussel Sprouts, Red Roasted Potatoes, Dinner Roll, and Cake. 	Homemade Chicken Noodle Soup with choice of Sandwich and Sherbert. 
Tuesday	Breakfast Quiche and Bacon with Sliced Tomatoes. 	Baked Tilapia with Rice, Glazed Carrots, Dinner Roll, and Apple Pie Ala Mode. 	Taco Tuesday with Pinto Beans, Rice, Salad, and Yellow Cake. 
Wednesday	Bacon with Eggs Your Way, Warmed Danishes, and Prunes. 	BBQ Ribs with Baked Beans, Potato Salad, Dinner Roll, and Chocolate Pie. 	Meatballs and Gravy over Egg Noodles with Vegetable Medley and Pears. 
Thursday	Sausage with French Toast and Applesauce. 	Homemade Chicken Pot Pie with Coleslaw, Tomato Slices, and Lemon Cake. 	Shrimp Alfredo with Caesar Salad, Dinner Roll, and Cake. 
Friday	Bacon with Eggs Your Way, Hash Browns, Toast, and Orange Slices. 	Roasted Turkey with Dressing, Cranberry Sauce, Green Beans, Dinner Roll, and Fruit Cobbler. 	Hot Ham and Cheese Croissant with Pasta Salad and Fruit Cocktail. 
Saturday	Cinnamon Buns with Eggs Your Way and a Fruit Cup. 	Pork Roast with Baked Asparagus, Macaroni and Cheese, Dinner Roll, and Fruit Salad. 	Homemade Broccoli Soup with choice of Sandwich and Apple Pie. 
Sunday	Bacon with Eggs Your Way, Waffles with Syrup, and Banana Slices. 	Chicken Parmesan over Noodles with Green Beans, Garlic Biscuit, and Cherry Pie. 	Vegetable Stir Fry with White Rice, Egg Roll, and Banana Pudding. 