

May 2026

The Stonehenge Sentinel

STONEHENGE SENIOR LIVING



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EVENT HIGHLIGHTS

- *Mother's Day Celebration
- *American Legion Visit
- *Line Dancing w/ Hannah
- *Scenic Bus Ride
- *Weekly Craft w/ Janis & Mary
- *Live Music w/ Dale Curry
- *Weekly Pet Therapy Visits

Rough winds do shake the darling buds of May, and Summer's lease has all too short a date" - William Shakespeare

SENIOR LIVING FUN

LIFE AT STONEHENGE

Finding Joy in Senior Living: Redefining Fun at Every Age

Senior living is often misunderstood as a quiet, slow-paced stage of life. In reality, it can be one of the most vibrant and fulfilling chapters. With fewer career pressures and more time to focus on personal interests, many older adults are discovering new ways to have fun, stay active, and build meaningful connections.

A New Perspective on Fun

Fun in senior living doesn't have to mean extravagant adventures—though it certainly can. It's about enjoyment, engagement, and a sense of purpose. For some, that might mean learning a new hobby like painting or gardening. For others, it could be joining a book club, playing cards with friends, or attending community events. The key is having the freedom to choose activities that bring genuine happiness.

Staying Social and Connected

One of the biggest contributors to happiness in later years is social connection. Senior living communities often provide a wide range of group activities—movie nights, fitness classes, group outings, and themed parties—that encourage interaction. These shared experiences help build friendships and reduce feelings of isolation, creating a strong sense of belonging.

Dwarf Goats Bring Joy: Highlighting the Power of Pet Therapy

Last month, residents were treated to a special visit from a group of adorable dwarf goats, turning an ordinary day into a memorable experience. Laughter filled the air as residents interacted with the gentle animals—petting them, feeding them, and enjoying their playful nature.

Beyond the smiles, the visit served as a meaningful reminder of the importance of pet therapy. Interactions with animals can help reduce stress, ease feelings of loneliness, and boost overall mood. For many residents, the goats sparked fond memories and encouraged conversation, creating a warm and social atmosphere.

Moments like these show that pet therapy is more than just a fun activity—it's a powerful way to support emotional well-being and bring comfort, connection, and happiness to everyday life.

Line Dancing Fun with Hannah

Line dancing with Hannah was a blast this month, bringing energy, laughter, and plenty of smiles to everyone involved. Residents enjoyed moving to the music, learning simple steps, and sharing in the excitement together.

Beyond the fun, the activity encouraged light exercise, coordination, and social connection. It was a wonderful way to stay active while creating joyful memories—proving that a little music and movement can go a long way in brightening the day.

Easter Celebrations Bring Joy and Reflection

Residents enjoyed a meaningful and uplifting time last month as they came together for Good Friday and Easter Sunday services. The gatherings were filled with reflection, hope, and a strong sense of community.

From heartfelt moments during the services to the joy shared among friends, the celebrations were truly a blast. These special occasions provided comfort, connection, and a reminder of the importance of faith and togetherness in everyday life.





Dollar Store Trip



Dwarf Goat Visit
By Kim Taylor



Line Dancing With
Hannah Von Hoff



Arts & Crafts with Brianna



Arts & Crafts with Janis



Bld3 Monthly Cake Sponsor COMPASSUS



Monthly Activity Ambassadors
Raffle Draw Sponsor



Tea Party
with Kelly



Special Veteran Visit



Chair
Exercises



Building 5 Staff



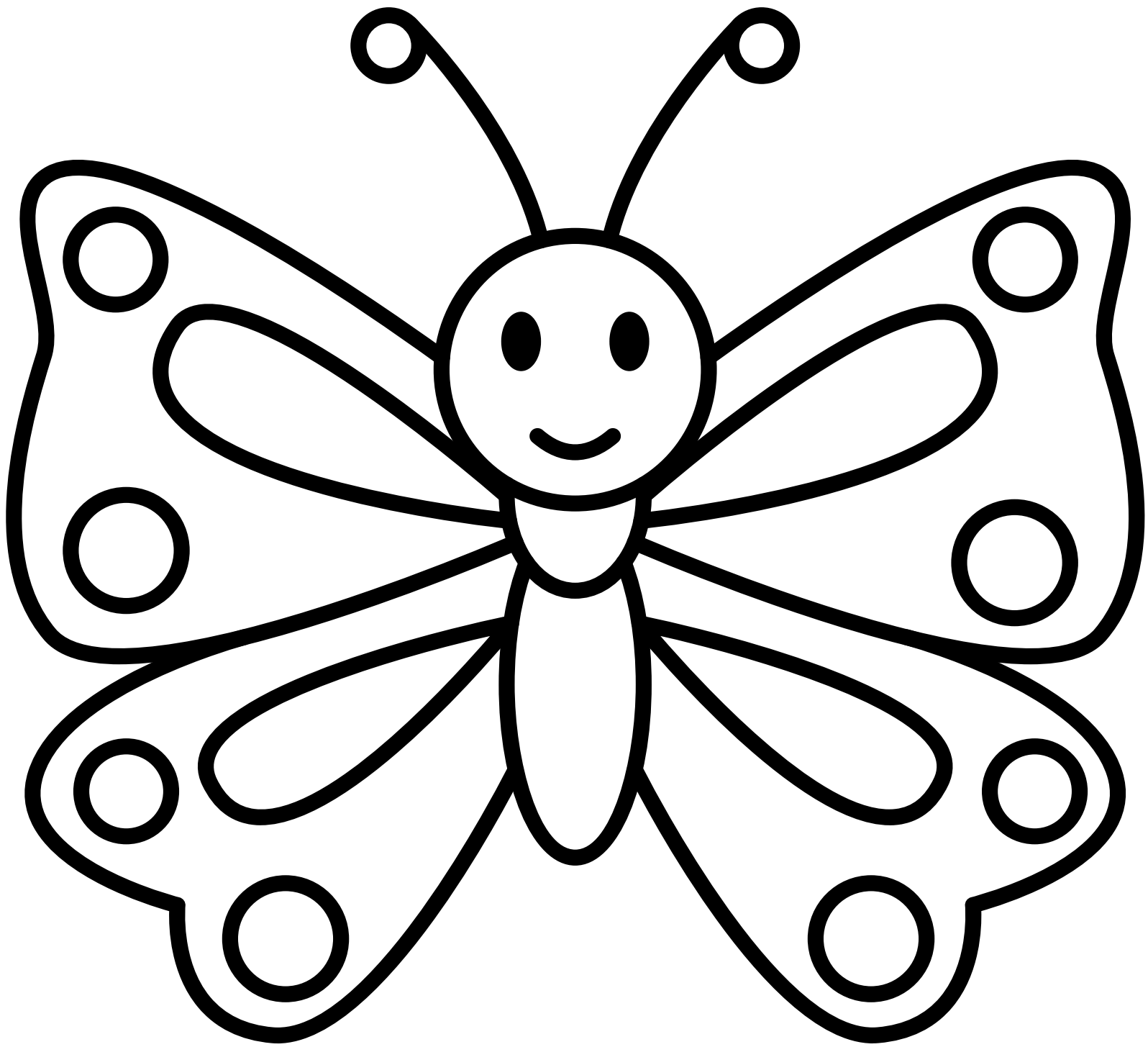
In
Collaboration
with

GEORGIA MOUNTAINS
HOSPICE



Dale Curry &
Sharon Curry





Welcome Wagon!

Welcome to Stonehenge!



Building 2

Alice T.

Building 5

Joe P.

May Birthdays

Building 1

Charles C. 05/12

Building 3

Nancy B. 05/22

Scott H. 05/02

Building 5

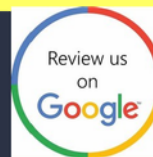
Harold O. 05/03

Joe P. 05/19





Employee Birthdays

Building 1

Kimberly L. 05/01



May 2026 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Building Reference:</p> <p>@1 - bldg 1 @2 - bldg 2 @3 - bldg 3 @5 - bldg 5</p>	<p>May Birthdays</p> <p>Scott H. 5/2 @3 Harold (Ray) O. 5/3 @5 Charles C. 5/12 @1 Joe P. 5/19 @5 Nancy B. 5/22 @3</p>	<p>Hairdresser</p> <p>May 26th Morning @1 Afternoon @3 May 28th Morning @5 Afternoon @2 Monthly Nails @ALL = TBD</p>	<p>All activities are subject to change. Thank You!</p>		<p>1 10:00 Pet Therapy @2 & @3 2:00 Line Dancing w/ Hannah in bldg2 @ALL</p> 	<p>2 2:00 Nails @1 2:00 Memory Game @2 12:00 Social @3 2:00 Bingo @5</p>
<p>3 1:45 Movie @5 2:00 Bingo @3 2:00 Social @2 1:45 Social @1</p>	<p>4 10:00 Pet Therapy w/ Violet @2 1:00 - 3:00 Scenic (Bus) Ride @5 & @1 2:00 Exercise & Recreational Games @3</p>	<p>5 1:00 Bible Study w/ Emptyean @1 1:30 Art/Craft w/ Janis & Mary @3 2:00 Sing-along w/ Cathy @2</p>	<p>6 10:00 Bible Study w/ Mary @3 1:00 UNO w/ Mountain Home Health @5 2:00 Art/Craft @2</p>	<p>7 10:00 Bible Study w/ Donna & Sanford @2 10:00 Bible Study w/ Mary @3 2:00 Mother's Day Celebration in bldg 5 @ALL</p>	<p>8 10:00 Pet Therapy w/ Gracie @1 & @5 1:45 - 2:45 Bobb & Jean in bldg 1 @ALL</p> 	<p>9 2:00 WordSearch @1 2:00 Bingo @2 2:00 Social @3 2:00 Bingo @5</p>
<p>10 Mother's Day</p> <p>2:00 Popcorn @1 2:00 Bingo @3 2:00 Bible Study w/ Brenda @5 3:00 Bible Study w/ Brenda @1</p>	<p>11 10:00 Pet Therapy w/ Dena @1 & @5 10:00 Pet Therapy w/ Violet @3 1:00 - 3:00 Scenic (Bus) Ride @2 & @3 2:00 Art/Craft @1</p>	<p>12 1:00 Bible Study Emptyean @3 1:00 Art/Craft w/ Janis @5 2:00 Exercise & Recreational Games @2</p>	<p>13 10:00 Bible Study w/ Mary @2 1:00 UNO w/ Mountain Home Health @3 2:00 Exercise & Recreational Games @1</p>	<p>14 10:00 Bible Study w/ Donna & Sanford @3 10:00 Bible Study w/ Mary @2 (Altern.) Pet Therapy @ALL 3:00 UCHS CHOIR Group in bldg 5 @ALL</p>	<p>15 2:00 - 3:30 Dollar General Shopping @1 & @5</p> 	<p>16 2:00 Art @1 2:00 Social @2 2:00 Social @3 2:00 Bingo @5</p>
<p>17 2:00 Nails @1 2:00 Movie @2 2:00 Bingo @3 1:45 Movie @5</p>	<p>18 10:00 Pet Therapy w/ Violet @ 1:00 - 3:00 Scenic (Bus) Ride @5 & @1 2:00 Exercise & Recreational Games @5</p>	<p>19 10:00 American Legion Veteran's Visit @TBD 1:30 Art/Craft w/ Janis @3 1:00 Bible Study w/ Emptyean @5</p>	<p>20 10:00 Bible Study w/ Mary @5 2:00 Bingo @1 2:00 Bingo @2</p>	<p>21 Birthdays Cake Day!</p> <p>10:00 Bible Study w/ Mary @5 1:00 Board Games w/ Ted & Debby @3 1:00 UNO w/ Mountain Home Health @1 3:00 - 5:00 Pet Therapy w/ Jane @ALL</p>	<p>22 2:00 - 3:30 Dollar General Shopping @2 & @3</p> 	<p>23 2:00 Movies @1 2:00 Puzzle @2 2:00 Social @3 2:00 Bingo @5</p>
<p>24/31 2:00 Social @1 2:00 Bible Study w/ Brenda @2 2:00 Bingo @3 3:00 Bible Study w/ Brenda @3 1:45 Movie @5</p> <p>May 31st</p> <p>1:45 Movie @5 2:00 Social @1 2:00 Movie @2 2:00 Bingo @3</p>	<p>25 10:00 Pet Therapy w/ Dena @2 & @3 10:00 Pet Therapy w/ Violet @1</p> 	<p>26 Morning Hairdresser @1 1:00 Art/Craft w/ Janis @5 1:00 Bible Study Emptyean @2 Afternoon Hairdresser @3</p>	<p>27 1:00 Social @1 2:00 Social @2 1:00 Social @5 2:00 Social @3</p>	<p>28 Morning Hairdresser @5 1:00 Board Games w/ Ted & Debby @1 2:00 Exercise & Recreational Games @3 Afternoon Hairdresser @2</p>	<p>29 1:45 - 2:45 Live Music w/ Dale Curry in bldg 5 @ALL</p> 	<p>30 2:00 Movies @1 2:00 Puzzle @2 2:00 Social @3 2:00 Bingo @5</p>